9680 Citrus Avenue | Fontana, CA 92335 | Phone: (909) 357-7600 | www.fusd.net

PRESS RELEASE

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CONTACT: Lauren Creiman

William Diepenbrock

(909) 833-9853

Fontana Unified Recognized by American Heart Association for Workplace Wellness Program

FONTANA, CA – Fontana Unified School District was honored with a Bronze Workplace Health Solutions Award by the American Heart Association (AHA) for its dedication to promoting wellness in the workplace in 2017-18.

Fontana Unified was one of approximately 750 organizations in the country awarded a Workplace Health Solutions Award – either bronze, silver or gold – based on their AHA Workplace Health Achievement Index scores. The index uses science-based best practices to evaluate the overall wellness, quality and comprehensiveness of workplace wellness programs.

"Our Wellness Committee has worked hard to provide innovative solutions and health activities each year that keep our employees engaged and interested in maintaining long-term wellness," said Traci Matuguina, FUSD Coordinator of Fiscal Services and FUSD Wellness Committee member. "The biggest reward is seeing the interest and effort from our employees, who seem to have a lot of fun but always take their challenges seriously."

The cornerstone of Fontana Unified's wellness program is its wellness fair, held this year on Nov. 13. Fontana Unified teachers, staff and administrators received health and wellness information, free medical, dental and vision screenings, flu shots, discounted gym memberships, healthy snacks and raffle prizes.

Fontana Unified staff have also been taking part in the "Keep America Active" challenge, an online wellness competition that charts daily exercise and fitness habits as it takes participants on a virtual trip across the country.

Fontana Unified's Wellness Committee consists of members from the Fontana Teachers Association, United Steelworkers, Police Officers Association and Fontana Management Association, as well as the Associate Superintendent of Business Services.

"Leading healthy, active lifestyles is as important for our teachers and staff as it is for our students," Superintendent Randal S. Bassett said. "Congratulations to all of our Fontana Unified staff for their dedication to promoting wellness and setting a positive example for our students."

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