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## NEWS RELEASE

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**CONTACT:** Karen McMillen,  
(909) 204-0452

# Covina-Valley Unified Takes Holistic Approach to Student Success with New Health and Wellness Center

**COVINA, CA** – Covina-Valley Unified School District students and families will benefit from a new Health and Wellness Center, which will provide a full-service location where they can access resources that best fit the needs of each family and situation.

Located at what was formerly the Lark Ellen Elementary School campus, the Health and Wellness Center will also provide students and families with medical and mental health screenings, counseling services, and more.

“We are at the beginning stages of what will be an awesome community center,” C-VUSD Director of Student Services Dr. Matt Dalton said. “Research shows that students perform better and are more successful in class when all the other elements of their life are in order. We, as a District, will provide opportunities to provide care and wellness at a centralized District place, where all families can come and get resources to help get themselves back on track or simply get what they need to make sure their kids can get to school and do well in school.”

The C-VUSD Health and Wellness Center was created in line with the District’s emphasis on serving the whole student. It will serve as a hub for the District’s social workers and the entire Health and Student Services Department, including a team of registered and licensed vocational nurses.

The District will phase in the full scope of services available at the center. The Wellness Center has started offering several parent-education workshops, including a Family Night on Thursday, Oct. 27, to emphasize the importance of drug awareness.

“Family Nights are provided to help educate and inform families of the latest mental health and medical information,” said Dalton, who added that the upcoming Family Night will be held in collaboration with the Los Angeles Department of Public Health. “Families are invited to come and learn about all the latest research and preventative plans for making sure kids remain safe when it comes to drugs, what to look for, and how to make sure their kids don’t get involved.”

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The District is also finalizing an agreement with Campus Clinics, a company that collaborates with school districts to provide on-campus healthcare solutions, including full wraparound service for family medical needs. It would allow District families to access physicals, vision and hearing services, shots and vaccinations, and mental health services.

Once fully operational, students and their families will be able to visit the center to meet with a social worker, who will assist them in accessing a number of resources, including clothes, school supplies, gas cards, bus passes, and transportation or housing vouchers.

C-VUSD will hold a ribbon-cutting ceremony to celebrate the full opening of the Health and Wellness Center and officially welcome C-VUSD students and families later this school year.

“Covina-Valley Unified cares deeply about the physical and emotional well beings of all our students and families,” Superintendent Dr. Elizabeth Eminhizer said. “Our student services team is eager to get our students and families the complete care they need at our new Health and Wellness Center.”

## **PHOTO CAPTION**

**CVUSD\_CENTER1:** The Covina-Valley Unified School District will host a Family Night parent-education class on drug awareness at its new Health and Wellness Center on Thursday, Oct. 27. The center will provide district students and families with medical and mental health screenings, counseling services, and more.

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