



FOR IMMEDIATE RELEASE

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Norwalk-La Mirada Unified Increases Awareness of Earthquake Preparedness via Annual Great ShakeOut

WHAT: Students across Norwalk-La Mirada Unified's 17 elementary, six middle and three high schools will follow safety drills to "Drop, Cover, and Hold!" as part of the annual Great ShakeOut, a statewide initiative that reminds Californians to be prepared in the event of an earthquake.

Leading up to the drill, administrators will reinforce earthquake drill procedures with students, including finding appropriate cover to prevent objects from injuring them, where to go for safety and where to find first aid kits in the classroom.

WHEN: 10 a.m.
Thursday, Oct. 20

WHERE: Norwalk-La Mirada Unified schools
12820 Pioneer Blvd.
Norwalk

DETAILS: Norwalk-La Mirada Unified holds fire, earthquake and lockdowns drills throughout the school year. Principals send monthly updates that include safety tips to inform parents on what they can do at home to prepare in the event of an emergency.

MEDIA: For event information, call Nancy Yeang at (909) 324-0345

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