



Media

Advisory

FOR IMMEDIATE RELEASE: April 16, 2021

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Baldwin Park Unified to Host Virtual Wellness Fair

WHAT: Baldwin Park Unified invites families and community members to attend its virtual wellness fair, where they can learn about self-care strategies and mental health resources.

Attendees will explore a variety of break-out sessions that are aimed toward students, parents and staff, with topics that include: practical tips on how to manage family stress, establishing routines during distance and hybrid learning, how to build a network of safety for school communities and stress management for educators.

The virtual event is hosted in partnership with Care Solace, Foothill Family, Kaiser Permanente, Project Cal-Well, the Center for Integrated Family and Health Services and TeenLine.

WHEN: 9 a.m. to noon Saturday, May 1

WHERE: Visit www.bpusd.net for more details, including meeting links.

DETAILS: The virtual event will begin with an opening session on resiliency, followed by an hour of break-out sessions.

Parents are also invited to enter a \$50 gift card raffle, sponsored by Care Solace, that will be held at the end of the event.

For questions regarding the event, please email studentservices-event@bpusd.net.

MEDIA: Call Amanda Nieto at 909-447-2407 to arrange coverage.

Coverage and/or inclusion of this event in your calendar is greatly appreciated.