



News

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Baldwin Park High School Wins National Champions of Breakfast Award

BALDWIN PARK – Baldwin Park High School’s food and nutrition services recently earned the 2019 Champions of Breakfast Award for implementing innovative serving models and increasing the number of students who eat breakfast on a daily basis by 25 percent.

The Champions of Breakfast Awards recognize schools and districts across the country that operate exemplary School Breakfast Programs (SBP).

“We are super excited to win this national award,” said BPUSD Director of Nutrition Services Rosa Estrella. “Students do better in school if they have a healthy meal in the morning, and as Director, it is my responsibility to make sure students receive a nutritionally balanced meal.”

Estrella nominated Baldwin Park High School for the Champions of Breakfast Award because of the dedicated staff, who embraced the breakfast carts and helped increase meal participation. Their hard work has ensured that more than 72 percent of the student population, or about 1,300 out of 1,800 students, receive breakfast.

Through Baldwin Park High School’s breakfast cart, students can choose free and healthy options, including whole-grain pastries, fruit smoothies and granola bars. Students also can create their own oatmeal and yogurt bowls, complete with cinnamon, granola, strawberries, bananas and blueberries.

Across the District, more than 25,000 breakfasts are served to students on a weekly basis, with options that include cafeteria meals, grab-n-go carts, breakfast in the classroom and second chance breakfast.

To promote healthy eating habits and celebrate National School Breakfast Week, taking place March 4-8, Nutrition Services is offering new breakfast items that include cheese omelets with whole-grain croissants, waffles with fresh strawberries and bananas, and whole-grain cinnamon rolls.

With the “Start Your Engines” campaign, families and students are encouraged to eat breakfast and learn about the importance of a balanced diet.

MORE

In a culture of high expectations and academic rigor and an environment of support, understanding, and emotional safety, all Baldwin Park Unified School District students will graduate with a valued and highly respected diploma, prepared with the relevant skills, knowledge, and personal attributes necessary for success in a university or other institution of higher education and/or any post-secondary options of their choice.



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The United States Department of Agriculture's SBP provides nutritionally balanced, low- or no-cost breakfasts to students each school day.

PHOTO

BPHS_BREAKFAST_AWARD: Baldwin Park High School's food and nutrition services earned the 2019 Champions of Breakfast Award for increasing the number of students who eat breakfast on a daily basis by 25 percent. Through Baldwin Park High School's breakfast cart, students can choose free and healthy options, including whole-grain pastries, fruit smoothies and granola bars.

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